

# Safe and healthy picnics



Warm sunny weather encourages outdoor activities like walking, cycling, swimming, or a friendly game of wiffle ball. Take advantage of a local or state park and all their offerings this summer by planning a picnic with family or friends. Summer is also peak season for many fruits and vegetables. It makes sense to combine them. But bacteria can grow rapidly in

warm weather. Keep your family and friends from getting sick by following these food safety picnic tips.

**Have a way to wash your hands.** It's not always easy to wash your hands at a picnic. You may be in an area where restrooms or hand-washing facilities are not available. Pack extra bottled water, soap, and disposable towels for hand-washing. You can use hand sanitizer or hand sanitizing wipes (these are different than disinfecting wipes used for cleaning) as a backup option if necessary.

**Pack smart.** Take only the amount of food you'll eat. Pack

small quantities of food so there is no food waste or leftovers to worry about. You can plan a picnic with simple nutritious menus like peanut butter and jelly on whole-grain bread or crackers, fresh fruits and vegetables, yogurt-based dips, baked chips or pretzels, and mixed cheeses. Bring bottled water or try flavored or infused water to keep hydrated while outside.

**Keep food out of the danger zone.** When traveling with food, keep cold foods cold and hot foods hot. Bacteria multiply quickly between 40 degrees F and 140 degrees F — the

danger zone. Use a cooler when transporting perishable food to keep temperatures at 40 degrees or below to limit bacterial growth. This includes cut fruits and vegetables.

You can use frozen water bottles, gel packs, or zipper bags of ice to keep food cold. Place the cooler inside the air-conditioned car when traveling and not in the trunk. Store it in the shade once you've arrived. Do not take hot food on a picnic unless you have a way to keep it 140 degrees F or above during transport and serving.

**Separate raw from ready to eat food.** If you plan to grill during your picnic, make sure to transport

raw meat in a different cooler than other foods. Bring plenty of plates and utensils so you don't place cooked meat (or other food) on the same plate that held raw meat or its juices. Remember to bring a meat thermometer to ensure grilled food reaches the proper internal temperature. Cook beef burgers to 160 degrees F, pork chops to 145 degrees F, chicken to 165 degrees F, and hot dogs according to the package directions. Consider grilling vegetables too. You can cook them right on the grill or in a foil packet to your desired doneness.

**Don't let food sit out.** Food should not remain at room temperature for more than two hours. Throw away any leftovers that have been sitting out for more than two hours, 1 hour if the temperature is above 90 degrees F.

With a little planning, you can make your next picnic a safe and healthy outdoor event.

Source: Annhall Norris, Food Preservation and Food Safety Extension Specialist

For more information on food safety and dining outdoors, contact your local Extension office.

## FCS CALENDAR OF EVENTS

### QUILT CLUB

Wednesday, July 10, 10 a.m. at the LaRue County Extension Service.

### COOKING THROUGH THE CALENDAR — QUICK COUSCOUS SALAD

Friday, July 12, Noon at the LaRue County Extension Service

### SOUTH FORK HOMEMAKERS

Tuesday, July 16, 10:30 a.m. at the LaRue County Extension Service.

### FREEZING & FREEZE DRYING CLASS

Tuesday, July 16, 5:30 p.m. at the LaRue County Extension Service. Call 270-358-3401 to register.

### OPEN SEW

Monday, July 22, 10 a.m. at the LaRue County Extension Service.

Rhonda Metcalf, LaRue County Clerk pursuant to KRS 424.130, announces that the **2023 Delinquent Real Property Tax Bills (Certificates of Delinquency)** will be published in the LaRue County Herald News on **July 10, 2024**. The list of Certificates of Delinquency is also available for public inspection during the hours of 8:00 a.m. to 4:30 p.m. Monday thru Friday at the County Clerk's office located at 209 W. High Street, Suite 3, Hodgenville, KY 42748. This list may also be inspected on the LaRue County Clerk's website. The Uniform Resources Locator (URL) of the website is [www.laruecountyclerk.us](http://www.laruecountyclerk.us). The tax sale will be held on **August 12, 2024** beginning at 9:00 a.m. All interested participants must register with the County Clerk's office by the close of business on August 2, 2024. Please contact the County Clerk's office if you need additional information about the tax sale registration process, the required registration fee or the deposit amounts that will be needed. Taxpayers can continue to pay their delinquent tax bills to the County Clerk's office anything prior to the tax sale. **Please Note: All payments must be received in the County Clerk's office prior to the tax sale date listed in this advertisement. Payments received after the tax sale has been conducted will be returned without exception.** Some delinquencies although they have been advertised will be excluded from the tax sale in accordance with the provisions of KRS 134.504(10)(b). If you have any questions, please do not hesitate to contact the County Clerk's office at 270-358-3544.

#### NOTICE TO LARUE COUNTY TAXPAYERS

Bill#	Property Owner Name
198	ANDREWS, JEREMY
248	ATHERTON, DEBRA B
252	ATWELL, MICHAEL & KAREN
260	AUBREY, RUSSELL & SHELIA
415	BEARD, MARK
449	BELL, ANDREW M
500	BELLSOUTH TELECOMMUNICATIONS INC DBA AT& PROPERTY TAX TROUP
515	BENNETT, ROGER
521	BENNINGFIELD, AMANDA
545	BENNINGFIELD, TROY JOSEPH
583	BILEYU, ROBIN M
588	BINGHAM, DAWSON PAYNE C/O RANDALL AND SHEENA RIGGS
629	JOSEPH BLAIR ESTATE MOBILE

#### 2023 Delinquent Taxes Received From the Sheriff's Office

Property Address	Parcel/Lot #	Amount
MH & LOT-251 RAILROAD OR	011-00-00-033.00	\$254.03
60 SCHOOL LOOP	042-06-00-082.01	\$313.19
HOUSE & LOT-600 CAMPBELLSVILLE RO	030-04-00-110.00	\$801.24
MH ON 49-3 656 THOMPSON Hill RO	77024-01	\$69.12
TRACT16 268 BIRD RD	055-00-00-018.06	\$1,425.08
LAND-GLEANINGS RD	071-00-00-025.00	\$109.80
TEL COM HWY	470 76285-99	\$24.84
2790 MT TABOR RD	053-00-00-056.00	\$1,086.11
LOT 11 FAIRVIEW DR	75530-01	\$98.62
TRACT 7 RICKY RAY CLOPTON ON 378 BIRD	005-00-00-018.07	\$549.87
HOUSE & LOT-75 OLD L&N TURNPIKE	033-03-00-04 7.00	\$525.21
HOUSE & LAND 1035 BAILEY RD	044-00-00-034.01	\$1,209.37
HOME & LOT 2661 BAILEY RD	054-00-00-076.01	\$414.28
LOT 3 FAIRVIEW DR	761SO-99	\$30.82
LOT-GLEANINGS RD	071-00-00-004.00	\$93.77
FARM-253 LH BREWER RD	073-00-00-001.00	\$389.94
MH ON 73-1287 LH BREWER RD	69727-01	\$130.76
3 ACRES DANGERFIELD RD	061-00-00-038.01	\$143.08
HOUSE & LOT-119 NORTH SUMMITI AVE	029-06-04-020.00	\$147.92
FARM-CISSAL HILL RD	048-00-00-005.01	\$115.27
LOT 98 81 SANDRIDGE RD	055-00-00-003.20	\$500.58
FARMS OTIER CREEK RD	074-00-00-015.00	\$106.54
HOUSE & LOT-2810 GREENSBURG RD	042-06-00-056.00	\$69.12
HOUSE & LOT-132 CHURCHILL AVE	029-06-08-001.00	\$718.66
MH AND LAND 276 RIVER ROAD	037-00-00-003.12	\$623.85
HOUSE ON TR 2 1299 MT SHERMAN WARD	063-00-00-008.02	\$623.85
715 CARTER BROS RD	019-00-00-022.02	\$1,301.82
HOUSE & LOT-111 UNDERWOOD AVE	029-06-13-010.00	\$1,171.05
SA AMENDED PLAT 980 N L&N TURNPIKE	050-00-00-029.00	\$1,486.71
LOT 56-WONDERLAND RD	009-00-00-016.56	\$272.51
HOUSE & LOT-490 S L&N TURNPIKE	033-03-00-080.00	\$364.96
HOUSE & LOT-223 W MAIN ST	029-02-00-108.00	\$640.99
COMMERCIAL-99 GREENSBURG RD	031-04-00-006.01	\$69.12
MH& LOT 58 PLEASANT CHURCH	063-00-00-024.00	\$315.65
166PEA748 HOUSE & LOT 166 PEAK ST	030-04-00-007.00	\$271.18
LOT 2 8725 NEW JACKSON HWY	033-02-00-037.04	\$19,977.12
TRACT 1 WHITE CITY RD	8.0156 050-00-00-048.00	\$977.00
HOUSE AND LAND 77 COLLEGE ST	042-06-00-064.00	\$176.37
HOUSE AND LOT 310 S LINCOLN BLVD	029-03-06-014.00	\$1,355.96
MH & LAND-1321 FERRILL HILL RD	042-00-00-121.01	\$901.19
MH & LAND-159 OAK LANDING LANE	004-00-00-053.04	\$438.94
MH & LOT 1448LEAFDALE RD	040-00-00-071.02	\$1,018.30
LOT HANCOCK LANE	064-03-00-006.00	\$93.77
654 WELDON LOOP RD	010-00-00-001.04	\$114.11
MH ONLY ON S5-9.041165 BIRD RD	005-00-00-009.04MHON	\$291.00
TANGIBLE		\$21.09
B HOUSE & LOT 127 SUNSET AVE	029-03-02-007.00	\$1,479.23
HOUSE & LOT 58 COLEY ST COMBINED	030-07-00-025.00	\$932.00
HOUSE & LOT-4917 S&N TURNPIKE	033-03-00-076.00	\$167.74
MOBILE HOME ON S3-1.071245 ALVIN BROOKS RD	71917-01	\$69.12
MH ON 53-1.071247 AIVIN BROOKS RD	71951-01	\$130.76
TANGIBLE		\$23.82
MH ON 9-16-02	69352-01	\$69.12
199616X80 MOBILE HOME ON	50-85 72006-01	\$315.68
GARAGE & LOT-HOWARDSTOWN RD	050-00-00-084.00	\$408.13
MH ON 39-43.03	74486-01	\$143.08
HOUSE & 5.0025AC ON 164 R SKAGGS RD	073-00-00-004.03	\$853.72
MH ON 57-00-00-16 588 JACKSON RD	71642-01	\$99.94
HOUSE & LOT 227 FOREST CT	029-06-03-035.00	\$1,232.70
TRACTS ROGER JOHNSON ESTATE	063-00-00-020.05	\$87.85
REMAINDER OF ROGER JOHNSON ESTATE	063-00-00-020.06	\$87.85
MH ON 4-2-1-8 182 RIGGS ST	72125-01	\$154.69
ARM-1221 EDLIN HILL RD	046-00-00-018.00	\$575.00
MH & LOT-1058 EDLIN HILL RD	036-00-00-010.01	\$377.28
HOUSE & LAND-4601 S I&N TURNPIKE	033-02-00-058.01	\$377.28
MH ON 36-5	76375-99	\$118.42
S GREENSBURG ST	72363-03	\$1,849.04
OAK HILL RD 9.465	008-00-00-039.00	\$870.36
LOT 31 FAIRVIEW DR	68963-01	\$36.99
HOUSE & LOT 5640 NEW JACKSON HWY	032-00-00-026.00	\$334.14
LOT-OLD ELIZABETH TOWN RD	059-00-00-014.00	\$99.94
5.23 ACRES & MH-405 ATTILLA RD	029-01-00-002.00	\$1,005.97
MH SPRING PARK LN In	76495-99	\$204.72
LOT 26 FAIRVIEW DR	71290.01	\$172.59
12 8 BLUEGRASS ESTATES	030-05-02-012.02	\$123.27
HOUSE & LOT 1950 MT TABOR RD	053-00-00-065.00	\$1,301.82
HOUSE & LOT-602 S WALNUT ST	004-02-05-008.00	\$54.14
316 S GREENSBURG ST	029-06-03-014.00	\$98.62
LOT 118 90AC ON WHEELER RD	010-00-00-020.03	\$171.47
6AAMENDEO CLEMIEH RIGGS FARM	027-00-00-005.01	\$192.39
1996 MH ON PEAK ST ON 30-4 6	030-04-00-006.00 MH	\$92.45
LOT-214 PEAK ST	033-00-00-005.00	\$18.48
HOUSE & LOT 4257 S I&N TURNPIKE	033-00-00-024.03	\$93.63
HOUSE & LOT 146 OLD I&N TURNPIKE	033-03-00-053.00	\$512.89
MH 1606 MT TABOR RD	053-00-00-009.00 MH	\$1,116.91
HOUSE & LOT-904 GLEANINGS RD	071-00-00-005.00	\$414.28
HOUSE & LOT 7332 GREENSBUR		