

# U of L research aims to reduce loneliness among seniors

BY TOM LATEK  
KENTUCKY TODAY

LOUISVILLE – Loneliness is increasingly recognized as a serious risk to the health and well-being of older adults, linked to heightened risks of depression, cognitive decline, chronic illness and even early mortality. A new research project at the University of Louisville is aiming to tackle this public health challenge. “Universal belonging: A place-based intervention to reduce loneliness” is being led by researchers at the Christina Lee Brown Envirome Institute at the university. The five-year project seeks to identify and reduce loneliness among seniors aged 65 and older by combining neighborhood-level data, community engagement and targeted, place-based interventions.

“We are deeply grateful to the Humana Foundation for supporting this effort to find new ways to help seniors live healthier lives in Louisville and across Kentucky,” said Ted Smith, Ph.D., co-director of the Humana Center for Community Health Research at U of L.

This initiative builds on the work of the school’s Universal Basic Neighborhood Project, which was developed to discover and promote the core resources neighborhoods offer that have been shown to support good health.

Through the UBN project, researchers identified social connection as a key ingredient in healthy communities, and

loneliness, especially among seniors, as a critical risk factor for poor health outcomes. The new project applies UBN’s data-driven approach to address this challenge, using demographic, clinical and environmental data.

“This project represents a direct application of this place-based framework to a real and growing need in our community,” said Lauren Anderson, a U of L researcher who developed that place-based data model for this work as part of her dissertation research.

The project continues a collaboration with Nancy Seay, Ph.D., with The Reverend Jesse Louis Jackson Sr. Center for Racial Justice and the Department of Sociology at Simmons College of Kentucky, who will lead the asset mapping and community-based research components of the study. The work will focus on identifying both social needs and existing

assets within the neighborhoods selected for intervention, helping to ground the study in the lived experience and local context of older adults.

During the study, researchers will work with community partners to test a variety of neighborhood-based strategies aimed at fostering social connection. The project also will gather new insights on how local infrastructure and community design influence emotional well-being in aging populations.

The project website at louisville.edu/environment/healthyairwaterandsoil/LonelinessStudy offers more information.

Organizations supporting seniors and interested volunteers should send an email to Cayley.Crum@louisville.edu.

A baseline loneliness survey will be ready in July for seniors willing to enroll in the study.

## GARAGE SALE

275 Stewarts Ln.  
ESTATE SALE  
July 3rd, 4th, & 5th  
9am-5pm  
Antiquities, Household,  
Quilts, and Furniture

## HOUSING

NOW ACCEPTING APPLICATIONS FOR:

- Campbellsville Public Housing
- Section 8

Federally subsidized, eligible applicants pay 30% of adjusted income

**Housing Counseling Available**

For details call:  
**(270) 465-3576**  
or pickup application packet at  
400 Ingram Ave.



## NOTICE OF PUBLIC MEETING

The Public Service Commission of Kentucky issued an order on June 26, 2025, scheduling public comment meetings to be held on July 7, 2025, at 6:00 p.m., Eastern Daylight Time, at the Bluegrass Community and Technical College, 164 Opportunity Way, Lexington, KY 40511 and on July 14, 2025, at 6:00 p.m., Eastern Daylight time, at Jefferson Community & Technical College: Southwest Campus Auditorium, 1000 Community College Dr, Louisville, KY 40272 for the purpose of hearing public comments regarding Kentucky Utilities Company and Louisville Gas and Electric Company Case No. 2025-00045, which is the Application for Certificates of Public Convenience and Necessity and Site Compatibility Certificates.

## EMPLOYMENT OPPORTUNITY

The Lebanon Enterprise newspaper in Lebanon, KY, is seeking a **FULL-TIME REPORTER/PHOTOGRAPHER.**

Applicants need to be able to write well-written, interesting, accurate, informative, and timely sports, feature, general news, and hard news stories as assigned. Photograph and process images on deadline that work with written text to illustrate news, sports or feature stories for print and online editions of the newspaper.

### QUALIFICATIONS:

- College degree in journalism, English, related field or equivalent experience
- Understanding of journalistic ethics and legal/libel knowledge is helpful
- Effective organizational and time management skills
- Ability to work on tight deadlines
- Good communication skills
- Initiative to pursue news/feature/photo opportunities
- Sharp sense for news photography; keen eye for photos, strong sense of ethics.
- Ability to write effective, accurate cutlines.
- Proven adaptability and initiative.

### ESSENTIAL FUNCTIONS:

- Cover assigned beats and breaking news with timely stories and photos.
- Taking photos and editing them with Adobe Photoshop and offering ideas for page design and performing page design using pagination software.
- Contribute photo ideas daily.
- Develop photo-story projects.
- Participate in news budget meetings, and project planning meetings.
- Process photos for publication using PhotoShop.
- Write effective, accurate cutlines

Interested individuals should send their cover letter and resume' to [bsheroan@paxtonmedia.com](mailto:bsheroan@paxtonmedia.com)

Paxton Media Group is an Equal Opportunity Employer

**The Lebanon Enterprise**  
[www.lebanonenterprise.com](http://www.lebanonenterprise.com)

## NEWS-JOURNAL CLASSIFIED DEADLINE

FRIDAY - 4:00 PM

Contact Customer Service at  
270-465-8111, Option 1 or  
[classifieds@cknj.com](mailto:classifieds@cknj.com)  
Monday-Friday 8AM-4PM

\*Holidays advance deadline by 24 hours.

# CLASSIFIED ADS

PAXTON MEDIA GROUP

CALL TO PLACE YOUR AD IN PRINT AND ONLINE IN KENTUCKY

### 0100 ANNOUNCEMENTS

AFFORDABLE TV & INTERNET. If you are overpaying for your service, call now for a free quote and see how much you can save! 1-877-548-7494

#### AUTO REPAIR

602 North Main 40342

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-833-770-0957

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-855-209-2951 or visit [dorranceinfo.com/Kentucky](http://dorranceinfo.com/Kentucky)

CASH PAID FOR HIGH-END MEN'S SPORT WATCHES. Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. These brands only! Call for a quote: 1-833-641-6058

Choose EarthLink Fiber Internet for speeds up to 5 Gigs, no data caps, no throttling. Prices starting at \$54.95. Plus, a \$100 gift card when you make the switch. Call 1-833-974-4780

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-833-353-2982

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-855-900-7392 [www.dental5oplus.com/26#6258](http://www.dental5oplus.com/26#6258)

DIRECTV OVER INTERNET - Get your favorite live TV, sports and local channels. 99% signal reliability! CHOICE Package, \$84.99/mo for 12 months. HBO Max and Premium Channels included for 3 mos (w/CHOICE Package or higher.) No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-888-340-6138

DIRECTV- All your entertainment. Nothing on your roof! Sign up for Directv and get your first three months of Max, Paramount+, Showtime, Starz, GM+ and Cinemax included. Choice package \$84.99/mo. Some restrictions apply. Call DIRECTV 1-866-292-5435

Fill Your Purse Through the Classifieds

### 0100 ANNOUNCEMENTS

Donate your car, truck, boat, RV and more to support our veterans! Schedule a FAST, FREE vehicle pickup and receive a top tax deduction! Call Veteran Car Donations at 1-833-984-2146 today!

Frankfort Office Space for rent. Second floor with four large office areas, restroom. Office desks furnished. Located ½ mile from I-64 Lawrenceburg exit 53A. Electric, water, gas, utilities and internet included. \$2,200 per month. Call Bonnie Howard, Kentucky Press Association, 502-223-8821.

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-877-581-3053 today!

Get Boost Infinite! Unlimited Talk, Text and Data For Just \$25/mo! The Power Of 3 5G Networks, One Low Price! Call Today and Get The Latest iPhone Every Year On Us! 855-841-2894

Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-855-633-4574

GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-833-485-3141.

HOME BREAK-INS take less than 60 SECONDS. Don't wait! Protect your family, your home, your assets NOW for as little as 70¢ a day! Call 1-833-360-5407

Inflation is at 40 year highs. Interest rates are way up. Credit Cards. Medical Bills. Car Loans. Do you have \$10k or more in debt? Call NATIONAL DEBT RELIEF and find out how to pay off your debt for significantly less than what you owe! FREE quote: Call 1-844-262-5602

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, waiving ALL installation costs! Additional terms apply. Subject to change and vary by dealer. (Offer ends 6/30/25.) Call 1-866-837-5986

Elizabethtown  
LOOKING TO BUY FULL  
OLD BOTTLES OF  
BOURBON AND  
BOURBON SIGNS  
Call 270-304-5062



### 0100 ANNOUNCEMENTS

NEED NEW WINDOWS? Drafty rooms? Chipped or damaged frames? Need outside noise reduction? New, energy efficient windows may be the answer! Call for a consultation & FREE quote today. 1-833-890-2083. You will be asked for the zip code of the property when connecting.

No more cleaning out gutters. Guaranteed! LeafFilter is the most advanced gutter protection for your home, backed by a no-clog guarantee and lifetime transferrable warranty. Call today 1-866-329-2415 to schedule a FREE inspection and no obligation estimate. Plus get 20% off! Seniors and military save an additional 10%. Restrictions apply, see representative for warranty and offer details

Omaha Steaks Wines. 12 world class wines (and bonus gifts) for ONLY \$79.99 (plus s/h.) Save \$160! 12 new wine selections plus a FREE \$25 Omaha Steaks E-reward card every three months. Cancel anytime. 100% guarantee! Call 1-844-740-5945 and mention code AGJF002 or visit [www.GetOSWine.com/sip169](http://www.GetOSWine.com/sip169)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-982-0374

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-844-688-8576 today to schedule a free quote. It's not just a generator. It's a power move.

Replace your roof with the best looking and longest lasting material - steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer - up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-888-306-0302

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-888-302-4539

SunSetter. America's Number One Awning! Instant shade at the touch of a button. Transform your deck or patio into an outdoor oasis. Up to 10-year limited warranty. Call now and SAVE \$350 today! 1-866-348-8793

Classifieds Get The Job Done

### 0100 ANNOUNCEMENTS

We buy 8,000 cars a week. Sell your old, busted or junk car with no hoops, haggles or headaches. Sell your car to Peddle. Easy three step process. Instant offer. Free pickup. Fast payment. Call 1-844-440-0399

We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-287-5615

We Buy Vintage Guitars! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. These brands only! Call for a quote: 1-833-641-7011

Wesley Financial Group, LLC Timeshare Cancellation Experts Over \$50,000,000 in time-share debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855-977-4979

YOU MAY QUALIFY for disability benefits if you are between 52-63 years old and under a doctor's care for a health condition that prevents you from working for a year or more. Call now! 1-833-641-6772

### 0300 PETS

BARDSTOWN- 2 adorable, Female, 10wk old, Shih Tzu puppies that are ready for their forever home. (502)249-9122

Elizabethtown- Pomeranian Puppy! Smart and Sassy! 5 mo. old. Gorgeous boy, orange, very cute and lively, \$650. Also Micro Morkie female (Mom is Yorkie/Maltese, dad full Yorkie) 16 mo., about 2lb, black, socialized, very confident and playful, best if only dog and no small kids, \$650. Both up to date on shots and wormed. 364-488-1045



Healthy, happy Cavapoos Hypoallergenic/ no shedding Great Family doggies Vet & Groomer references available. Shots, wormed health guarantee. Text or call and leave message please (812) 559-1506 <https://royal-cavapoos.com/>

You'll Find It FIRST In The Classifieds

### 0400 FARM



Ready now: Collards, Kale, Squash, Zucchini, Cabbage, and Onions. 6/9 Potatoes and Green Beans 6/30 Sweet Corn 7/7 Tomatoes 7/14 Cantaloupes **Atlee Miller 3669 Sonora Hardin Springs Rd, Sonora**



Fresh Produce For Sale Sweet Corn, Potatoes, Tomatoes, Green Beans, Onions, Blackberries, Cabbage, Red Beets, Cucumbers, Closed Sundays! Ben A. Miller 716 Upton Road Upton, KY 42784.

### 0500 MERCHANDISE

PLEASUREVILLE- 2007 Pontiac G5 for sale. 246,134 miles. Motor and clutch replaced in 2019. Headlight assemblies replaced in 2020. Some dents and rust. Needs some TLC. Contact Charlie Johnson 502-471-0224

Highland Cemetery, Mt. Washington Ky Plot 80 Vietnam Honor Section. \$3500 Firm. Ruth Rummage 502-531-0817

LOOKING TO BUY 4-wheelers, dirt bikes, mowers & zero turns, golf carts & tractors, trailers, UTV's and side by sides. Call or text 270-766-9940

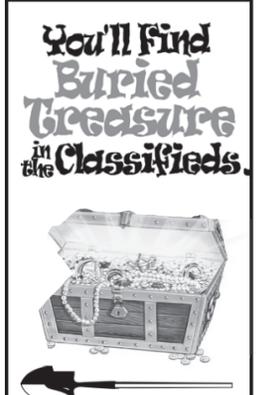
OWENSBORO- Lady buys QVC, Costume, turquoise, and fine jewelry, Fenton, Glassware, Jadite, and estate items. Call (812)483-9561 • [www.reddogantiques.com](http://www.reddogantiques.com)

### 0600 REAL ESTATE FOR RENT

Shelbyville, KY 2 BEDROOM CONDO 2 1/2 baths, garage, fireplace, stainless appliances. Brassfield Estates \$1,200/month I No Pets. 859-481-1333

### 0700 REAL ESTATE FOR SALE

NEW HAVEN: 3 tracts for sale on Terrapin Lane, about 7 miles from Bardstown. Serious inquiries only. (502) 827-2814. No texts please. Tract 2A-2.63 acres. Tract 2B-2.66 acres. Tract 2C-2.92 acres



You'll Find Buried Treasure in Classifieds. furniture ~ appliances ~ apartments ~ houses ~ cars ~ boats ~ pets ~ jobs ~ auctions